

Role of Family Engagement in a Partial Hospital Program

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Conflict of Interest

- NIA
- NIH
- LaRoche - Hoffman

Objectives

Critical features of an Acute Partial Hospital Program will be highlighted.

Role of families in treatment will be described.

Engagement of families in a partial hospital program.

Describe an Acute Partial Hospital Program

What is an acute partial program?

Patient Mix

Diagnoses we treat

Treatment Modalities used



Family Engagement

- Family assessment
- Crisis Intervention
- Psychoeducation

Clinical Scenario

- 15 yr. old female stepped down to the Acute partial hospitalization program from the inpatient unit after a suicide attempt.
- Risk factors include dropping grades, estranged from friends, poor family communication, ongoing SIB.

The image features three black silhouettes against a light gray gradient background. On the left, a man stands in profile, holding a large document or book. In the center, a child stands with arms outstretched. On the right, a woman stands in profile, also holding a large document or book. The text 'Family Communication' is centered over the silhouettes.

Family Communication

Taking a Pause

Mindfulness Practice ,DEAR MAN Scripts, GIVE and FAST

Garden as a tool to teach patients Mindfulness and DBT skills

Mindful parenting strategies

DEAR MAN, GIVE and FAST Skills

- “Objective Effectiveness” refers to the objective facts and interpersonal DEAR MAN skills. Use these skills to communicate the facts about a situation non-judgmentally.
- “Relationship Effectiveness” refers to communicating respect for the other person’s thoughts/feelings and interpersonal GIVE skills.
- “Self-Respect Effectiveness” refers to communicating respect for yourself, and to others using FAST skills

**Dear Man
Skills/Objective
Effectiveness**

Describe

Express

Assert

Reinforce

Mindful

Appear Confident

Negotiate

**GIVE Skills/
Relationship
Effectiveness**

Gentle

Interested

Validate

Easy manner

**FAST Skills/
Self-Respect
Effectiveness**

Fair

Apology-Free

Stick to Values

Truthfulness

Mindful Parenting

STOP

BE CALM

BE ATTENTIVE/AWARE

BE PRESENT

SELF COMPASSION

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Gardening - Mindfulness Nurturing!!